



AHMEDABAD MEDICAL ASSOCIATION

(Branch of Indian Medical Association) ESTD 1902
 AMA House, First Floor, Opp. H.K. Arts College,
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 Email : amagsbima@yahoo.co.in
 Website : www.ahmedabadmedicalassociation.com

AHMEDABAD MEDICO NEWS

ALL INDIA MEDICAL CONFERENCE IMA NATCON 2025



• • • ★ HAPPY NEW YEAR

2026

Wishing You A New Year

“Every Sunrise Brings a New Chapter;
 Make yours inspiring in 2026.”

Dr. JIGNESH SHAH

President - AMA

Dr. MAULIK SHETH

Hon. Secretary - AMA

Imm. Past President - **Dr. DHIREN MEHTA**

“Beyond Scope of Scalpel and Stethoscope”

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Congratulations !

A proud moment for the entire medical fraternity!



Dr. Anilkumar J. Nayak

on being installed as President,
IMA Headquarters (2025-2026)

We are confident that under his leadership, IMA will reach greater heights and continue to serve doctors and society with dedication.

Best wishes for a successful and impactful term.

Dr. Jignesh Shah

President

Dr. Maulik Sheth

Honorary secretary

&

Team Ahmedabad Medical association



Congratulations !



Dr. Anil Patel

**on being installed as President,
IMA Gujarat State.**

Ahmedabad Medical Association wishes him great success in his new role and looks forward to working together for the welfare of doctors and the community at large.

Best wishes for a meaningful and memorable term.

Dr. Jignesh Shah

President

Dr. Maulik Sheth

Honorary secretary

&

Team Ahmedabad Medical association



Congratulations !

A Moment of National Pride for Ahmedabad Medical Association



Ahmedabad Medical Association has been honoured with the National IMA publication Award for Best News Bulletin (Branch) — a prestigious recognition at the national level by the Indian Medical Association.

This proud award was received by

- Past President **Dr. Dhiren Mehta**
- Past Honorary Secretary **Dr. Urvesh Shah**
- Current President **Dr. Jignesh Shah**
- Current Honorary Secretary **Dr. Maulik Sheth**

This achievement reflects the collective efforts, academic spirit, and commitment of our members towards meaningful communication, transparency, and professional unity.

Heartfelt congratulations to the entire AMA family

Dr. Jignesh Shah
President

Dr. Maulik Sheth
Honorary secretary

&
Team Ahmedabad Medical association



Yoga Shibir from Dated 01-12-2025 to 10-12-2025





Stroke Free Ahmedabad on 11-12-2025



Investment Seminar on 14-12-2025





Gastro Plus Conference



HOCON Conference



Sal Medical College White Coat Ceremony



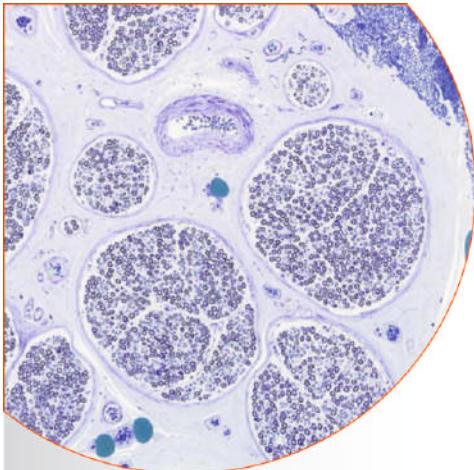
Rally on AMR Week Celebration





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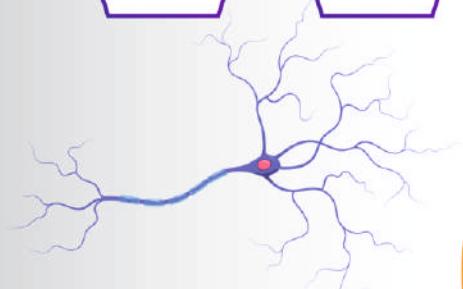
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MSKCC Fellow in Immunotherapy
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Dr. Jaikumar Patel

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Consultant – Oncowell Cancer Hospital,
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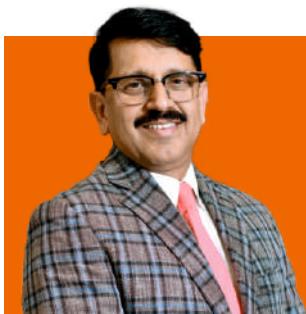
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- ⊕ Founder President - Association of Ahmedabad Surgeon (AAS)
- ⊕ Trustee / (Past) President - Obesity & Metabolic Surgery Society of India (OSSI)



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Stroke Free Ahmedabad
Date : 11-12-2025



Investment Seminar
Date : 14-12-2025





Message From President & Hon. Secretary



Dear Friends and Colleagues,

As this month's bulletin reaches you, the echoes of a truly historic NATCON continue to resonate within our fraternity. NATCON has not only been a grand academic and social success, but also a proud milestone in the journey of the Indian Medical Association.

With over 5,000 registrations, 200 patrons, and an exceptional 800+ reception committee members, NATCON has set new benchmarks in participation, organisation, and collective spirit. These numbers reflect the unity, commitment, and strength of our medical community. Heartfelt congratulations to every member who contributed to making this landmark event a resounding success.

This NATCON holds even greater significance as we proudly congratulate Dr. Anil Nayak on assuming office as the National President of IMA. His elevation is historic—being the eighth President from Gujarat in the illustrious 100-year journey of IMA. This is a moment of immense pride for Gujarat and for every member of AMA. We wish him a visionary and impactful tenure.

We also extend our warm congratulations to Dr. Anil Patel, the newly appointed President of IMA Gujarat State Branch, and look forward to working together in strengthening the medical fraternity across the state.

Continuing our year-long theme of "Beyond Scalpel and Stethoscope," AMA actively participated in the AMR Awareness Rally, a flagship initiative of IMA. Antimicrobial resistance is one of the most pressing public health challenges of our times, and it is our collective responsibility to promote rational antibiotic use and awareness.

On the community health front, the "Stroke-Free Ahmedabad" initiative, in collaboration with Zydus Hospital, continued with focused scientific and public engagement. Emphasis on recognising stroke symptoms and acting within the Golden Hour can dramatically improve outcomes. We urge our members to actively spread this life-saving message.

Our CPR training initiative is another step toward community preparedness. After successfully conducting training at Ahmedabad Airport, we are planning



similar programs at other places also. Immediate CPR can save lives in cardiac emergencies, even before medical help arrives, making this initiative both timely and essential.

In keeping with the financial wellbeing of doctors, AMA also organised an investment awareness seminar, helping members understand the importance of financial planning, passive investing, and long-term financial security—an often overlooked but vital aspect of professional life.

At the same time, we continue to nurture physical and mental wellbeing through the Yoga Shibir, conducted year after year with dedication by our respected senior member Dr. Pushpa Multani Ma'am. Her sustained contribution is a shining example of commitment, discipline, and holistic health.

All these initiatives reaffirm our belief that today's doctor is not only a clinician, but also a leader, educator, and responsible citizen. Together, we continue to expand our role beyond hospitals and clinics, touching lives across the community.

Jai AMA - Jai IMA

With warm regards,

Dr. Jignesh Shah

President, AMA

Dr. Maulik Seth

Hon. Secretary, AMA

Congratulation



Dr. R. G. Patel
On your distinguished appointment as a
**Member of the National Assisted Reproductive
Technology and Surrogacy Board,
Ministry of Health & Family Welfare**

◆◆◆◆◆



Congratulation

Dr. Vikram Shah
on being Elected as the President
Elect of Gujarat Radiology
and
Imaging Association.



AHMEDABAD MEDICAL ASSOCIATION YEAR : 2025-2026

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Ahmedabad Medical Association Mobile App is Now Live!

Ahmedabad Medical Association is pleased to announce the launch of its official Mobile App, exclusively designed for the convenience of AMA members.

The AMA Mobile App brings all important association services onto a single, easy-to-use digital platform, making information access faster and more efficient.

Key Features:

- **Event Registration** – Register for scientific programs and activities instantly
- **Monthly Bulletin** – Access AMA bulletin anytime, anywhere
- **Profile Management** – View and update your personal details
- **Instant AMA Updates** – Stay informed with real-time notifications
- **Gallery & Activities** – View highlights of AMA events
- **Connect AMA** – Easy communication with the association

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Available on Android and iOS.

Members are encouraged to download the app by scanning the QR code and start using this smart, member-friendly initiative.

Together, let us move towards a more connected, efficient, and digitally empowered AMA.

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Dr. Jignesh Shah
President, AMA

Dr. Maulik Sheth
Hon. Secretary, AMA



Cardiometabolic Symposium

Scientific Highlights in Cardiology & Metabolic Medicine

Ahmedabad Medical Association is pleased to inform members about a high-quality academic program organized by CIMS Hospital, Ahmedabad as part of JIC 2026 – Joint International Conference.

Date : 11th January 2026, Sunday

Time : 7:30 AM – 2:00 PM

Venue : Tagore Hall, Ahmedabad

This symposium features 20+ expert-led sessions on practical, evidence-based advances in cardiology and metabolic medicine.

Key Highlights:

- Advanced ECG & electrophysiology
- Sudden cardiac arrest prevention
- VT/VF prevention & SCD risk reduction
- Cardio–renal–metabolic approach
- Hypertension, dyslipidemia & GLP-1–based weight management
- AI in cardiovascular practice
- Care of elderly & post-transplant patients

The program is case-based and interactive, relevant for physicians across specialties.

Registration:

Registration will be online. The registration link will be shared shortly and will also be available on the AMA App.

Co-Ordinators : **Dr. Mahesh Jivrani** **Dr. Vinay Rawal**

Dr. Jignesh Shah
President, AMA

Dr. Maulik Sheth
Hon. Secretary, AMA



Ahmedabad Medical Association Senior Citizen Club

A very interesting programme for the members of AMA Senior Citizen Club, Ahmedabad Medical Association Members & Ladies Club Members is arranged Movie Show on

Date : 11-01-2026, Sunday

Time : 5.30 P.M.

Venue : RM Fozdar Hall, AMA House,
Ashram Road, Ahmedabad.

A Very Popular & Block Buster Movie

“ANAND”

Star Cast : Rajesh Khanna, Amitabh Bachchan,
Johnny Walker & Others

Fee Schedule

- (a) For AMA Senior Citizen Club Member : Free
- (b) For AMA Member, Ladies Club Members & Spouse of Members : Rs. 100/-
- (c) For Guests : 150/-
 - High Tea will be served.
 - Please register at AMA Office before 8-1-2026 during 2 p.m. to 6 p.m.

AMA Co-ordinators

Dr. Amratlal Maheshwari

Dr. Punamchand Parmar

Co-ordinators of AMA Sr. Citizen Club

Dr. K. R. Shanghvi Dr. Abhay S. Dixit Dr. K. C. Ghadavi Dr. Ramesh C. Shah

Dr. Jignesh Shah
President, AMA

Dr. Maulik Seth
Hon. Secretary, AMA



Dr. Tanumati G. Shah Scientific Program

Ahmedabad Medical Association invites you to a comprehensive academic program on:

Thyroid Update

Supported by



- Ahmedabad Obstetrics & Gynaecological Society (AOGS)
- Indian Academy of Pediatrics (IAP), Ahmedabad
- AFPA
- Ahmedabad Surgeons Association

This scientific program aims to provide updated, evidence-based insights into the diagnosis and management of common and clinically significant thyroid disorders across various specialties.

Program Details

Date : 25-01-2026, Sunday

Time : 9:00 AM – Registration & Breakfast

10:00 AM – 12:30 PM: Scientific Sessions

Venue : Hotel Fern, RTO Circle, Ashram Road, Ahmedabad

(The programme will be followed by Lunch)

Scientific Topics

1. Thyroid Disorders in Pregnancy
2. Congenital Hypothyroidism
3. Thyroid Disorders and Surgery
4. Subclinical Hypothyroidism

Registration:

Registration will be online. The registration link will be shared shortly and will also be available on the AMA App.

Co-Ordinators : Dr. Nirali Patel Dr. Dhananjay Vyas

Dr. Jignesh Shah
President, AMA

Dr. Maulik Sheth
Hon. Secretary, AMA



Republic Day Celebration : 26-01-2026

Let us proudly celebrate the 77th Republic Day of India and pay tribute to our great nation and the ideals of the Constitution — unity, integrity, and democracy.



Let us proudly celebrate the 77th Republic Day of India and pay tribute to our great nation and the ideals of the Constitution — unity, integrity, and democracy.

Republic Day reminds us of our responsibility as citizens and as doctors to serve the nation with dedication, ethics, and compassion. The medical fraternity plays a vital role in strengthening India by ensuring the health and well-being of its people.

As India marches ahead on the path of progress and self-reliance, let us reaffirm our commitment to nation-building through service, professionalism, and social responsibility.

Ahmedabad Medical Association invites all members to join the Republic Day Celebration at our premises.

Date : 26-01-2026, Monday

Time : 9.00 am onwards

Venue : Ahmedabad Medical Association

Jai Hind.

Co-ordinators

Dr. Amratlal Maheshwari Dr. Punamchand Parmar

Dr. Jignesh Shah
President, AMA

Dr. Maulik Seth
Hon. Secretary, AMA



The Golden Voice



A Joint Initiative by

Ahmedabad Medical Association & Ahmedabad Cancer Foundation



Supporting Organisation:

H. B. Kapadia School, Memnagar, Ahmedabad

HBK

4th February is observed globally as World Cancer Day, dedicated to creating awareness about cancer and inspiring hope. This year, Ahmedabad Medical Association (AMA), in association with Ahmedabad Cancer Foundation, plans to create awareness in a unique and inspiring way through "The Golden Voice."

The Golden Voice is an initiative that celebrates the spirit of life after cancer. The objective is to highlight that cancer is not only treatable, but that a normal, fulfilling, and even exemplary life after cancer is possible, provided it is diagnosed early and treated appropriately. This initiative aims to dispel the age-old myth that "Cancer means cancellation of life."

The event will feature inspiring participation by cancer winners, particularly individuals treated for oral cancers. The program will include singing performances, motivational talks, and unique traditional performances such as Shankhnaad.

In addition, the evening will showcase motivational dance performances by school children from H. B. Kapadiya School, Memnagar, Ahmedabad, symbolizing hope, strength, and resilience.

Date : 1-02-2026, Sunday

Time : 5:00 PM – 7:00 PM

Venue : Ahmedabad Medical Association Hall

(The programme will be followed by Dinner)

The Golden Voice is a celebration of courage, recovery, and confidence, spreading the message that cancer can be overcome with timely and proper treatment.

Registration:

Registration will be online. The registration link will be shared shortly and will also be available on the AMA App.

Co-Ordinators : **Dr. Manish Ninama** **Dr. Rashi Jain**

Dr. Jignesh Shah
President, AMA

Dr. Maulik Sheth
Hon. Secretary, AMA



Ahmedabad Medical Association Picnic 2026

Ahmedabad Medical Association is pleased to announce its Annual Picnic 2026 for members and their families, planned as a refreshing one-day outing to Dasada (Little Rann of Kutch).



Date : 8th February 2026, Sunday

Time : 7:00 AM to 8:00 PM

Same Day Return : Dasada to Dasada

Meals Included : Breakfast to Dinner

The picnic is designed to offer a perfect balance of recreation, nature, and bonding beyond professional life.

Attractions:

- Little Rann of Kutch Safari
- Sightings of the famous Indian Wild Ass
- Migratory birds and rich natural biodiversity
- Wildlife photography opportunities
- Fun team games and family activities

This event aims to provide AMA members and their families a joyful break from routine, encouraging camaraderie and togetherness in a serene natural environment.

Detailed program, registration process, and charges will be announced shortly.

Members are requested to block the date and look forward to an enjoyable and memorable day.

Co-Ordinators : Dr. Aditya Desai, Dr. Hetal Pandya, Dr. Arth Koshia

Dr. Jignesh Shah
President, AMA

Dr. Maulik Sheth
Hon. Secretary, AMA



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Dr. Amisha Gami



Dr. Rahul Ranka

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Mr. Keval R. Parikh (Owner)

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AMA PREMIER LEAGUE (APL) – 2026

Box Cricket Tournament

Ahmedabad Medical Association is launching the AMA Premier League (APL) – 2026, a festival-style Box Cricket Tournament aimed at strengthening bonding, sportsmanship, and fellowship among AMA members.

The tournament is proposed for February–March 2026 and will feature 25–30 teams playing in an 8-over box cricket format. A unique Super Over in every match will add excitement and strategic play.

Teams may be formed hospital-wise, specialty-wise, area-wise, or as local groups. A separate Ladies Box Cricket Tournament will also be organized subject to minimum registrations.

Further details and registration information will be announced soon.

Dr. Jignesh Shah
President, AMA

Dr. Maulik Sheth
Hon. Secretary, AMA



AMA PREMIER LEAGUE (APL) – 2026

Box Cricket Tournament

Ahmedabad Medical Association is organizing the AMA Premier League (APL) 2026, a festival-style Box Cricket Tournament bringing together 25–30 teams of doctors from across Ahmedabad.

APL 2026 offers an excellent opportunity for sponsors to engage with a highly respected medical fraternity through strong on-ground presence, digital visibility, and brand recall. Multiple sponsorship modules are available including Title Sponsor, Co-Sponsors, and Trophy Sponsorships.

We invite interested organizations to partner with AMA in this unique blend of sports, networking, and celebration.

For Sponsorship Enquiries:

Dr. Jignesh Shah – 9327014487

Dr. Maulik Sheth – 98259 15464

Detailed sponsorship brochure available on request.

Dr. Jignesh Shah
President, AMA

Dr. Maulik Sheth
Hon. Secretary, AMA

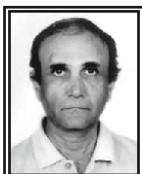
Ahmedabad Medical Association Senior Citizen Club

**N.B. Be a member of AMA Senior Citizen Club or
renew your membership. For details contact our office.**



OBITUARY

May the departed soul rest in peace and be fondly remembered for their service to humanity.



DR. KANAKKUMAR MANILAL PANCHAL

LM-1627 M.B.B.S.

Date of Birth : 20-10-1951

Date of Death : 01-04-2025



DR. MAHENDRAKUMAR POPATLAL SHAH

LM-992 M.D. PEDIATRICIAN

Date of Birth : 20-07-1946

Date of Death : 25-10-2025



DR. MAHENDRA ANANTRAI ACHARYA

LM-04 M.D. DGO

Date of Birth : 13-01-1944

Date of Death : 10-11-2025



DR. ATUL MEHTA

LM-416 M.B.B.S.

Date of Birth : 02-02-1952

Date of Death : 01-12-2025



DR. RANJANA JAYKER SHAH

LM-1064 M.D. PHYSICIAN

Date of Birth : 21-04-1940

Date of Death : 02-12-2025

All the members of Ahmedabad Medical Association extends sincere condolences to the bereaved family.



Media Coverage

27-28મિને ઓલ ઈન્ડિયા મેડિકલ કોન્ફરન્સ
લોકોને સારી અને સસ્તી દવા
મળે તે માટે તબીબો ચર્ચા કરશે

ଭାରତ ବ୍ୟାପି । ବ୍ୟାପିକାରୀ

શહેરમાં હૃત્યાન મેદિન
મનોવિદેશનની 100મી નેચનલ
ક્રોનિક યોગાની અનુભૂતિ
ગુજરાત અને અમદાવાદ
બાળચાન સાંયોગથી 20 અને 28
દિનેં પ્રદર્શન કરી અને યોગાની
ક્રોનિકમાં ડેશ-વિનામરી 5
હજારો વર્ષ કોરન કરી રહેલી
શેરાન 35 કંટાણ નિપાતન તથાનો
ને કંદીલી વૃદ્ધ અને અભ્યાસ
કરતાં હૃત્યાન મેદિન અપણી
ક્રોનિકસના આરોગ્ય અભ્યાસ
જી નાનાં પેદ તથા કોરની
ગે મેહદી શાંત અધ્યાત્મું કે આ
ને કોરનીનું દ્વારાયાન અને
અને સર્વત્રી તથી સુધીના ઉપયોગ

उद्या मेडिकल को-ऑपरेटर्स
ने सस्ती दवा
बो यर्या करें
सर्वांगीकल केन्सर माटे

આભયાન ચલાવણ
આભયાન દ્વારા જનાનું
કાર્યક્રમોનું ભાગ રહ્યે મહિલાઓ
અને દીકરણાનું થાં સર્વોચ્ચ
કેન્દ્રાનું અનુકૂળાનું માત્ર અનુભૂતિ
ચલાવણી આ માટે અસરિયેદે
વિશેષ હું એક કરી એવેંયા
વેદ્ધિનની કંપાણીએ જ ખર્ચ
કરી મહિલાઓ અને દીકરણાનું
નિશ્ચક્ષુણ આપવાની આવશ્યકીયા.

કરાવવા સાથે લોકોને વિશે
રોગની માહિતી તેમની ભાષા
મળે તે માટે માહિતી પુસ્તિકા
ઉપયુક્ત કરાવારો. જીએર આરો
અધ્યતન ટેકનોલોજી સમિન્ટા
મુદ્દાઓ હશે.

City to host 100th edition of IMA's nat'l conference

| Ahmedabad Mirror Bureau
feedback@ahmedabadmirror.com

TWEETS @ahmedabadmirror

The Indian Medical Association (IMA) is set to organise the 100th edition of its National Conference, NATCON 2025, in Ahmedabad on December 27 and 28. The event is being hosted jointly by the Gujarat Medical Association and Ahmedabad Medical Association. The two-day conference will bring together over 5,000 national and internation-

al delegates, focusing on public health, advanced medical technologies and knowledge sharing. The summit aims to provide a platform for doctors and healthcare professionals to update their medical knowledge and discuss key public health issues.

Dr Jitendra Patel, organising chairman, shared details about the conference. Dr Anil Nayak, the incoming IMA president and the eighth president from Gujarat, will also be present at the conference.

CPR training for airport ground staff: A team of experts conducted cardiopulmonary resuscitation (CPR) training for ground staff at the Sardar Vallabhbhai Patel (SVP) International Airport on Wednesday. The session saw participation from airline personnel and security forces at Terminal 2, organisers said. "More than 100 participants, including CISF personnel, private security teams, ground handling staff, and airline employees, actively took part in the hands-on training," said Dr Jignesh Shah, president of Ahmedabad Medical Association.

એરપોર્ટમાં દર મહિને ૧૦ લોકોને
તથીથી સારવારની પડતી જરૂર

અમદાવાદ, ખુલ્લાદાના
સરકારાંદી વલ્લભભાઈ પટેલ ઇન્ટરનેશનલ
એરપોર્ટ પાત્ર દર મહિને સરેરાત ૧૦
લોકોને મેટ્રિકલ ઇમરજન્સીની જરૂર
પુછ છે. આ મુકારાની મેટ્રિકલ
ઇમરજન્સીમાં સીફીઆર જેવી
પ્રાથમિક સારવાર ખૂબ જ મહત્વની
ભિન્ન ભજીની જરૂર છે.

અમદાવાદ એરોપોર્ટના ટર્મિનલ-
ખાતે એરોપોર્ટના ગ્રાઉન્ડ સ્ટાફ,
એરલાઇન્સ કર્મચારીઓ તથા સુરક્ષા
દળો માટે વિશાળ સીપીઆર
ટ્રેનિંગ

કાર્યકર્મનું આપોજન અમદાવાદ
મેટ્રિકલ એસોસિએશન વારા કરવામાં
આવ્યું હતું. શહેરના ચૌથી વસ્તુ
જાહેર સ્થળોમાંથી એક એવા
અમદાવાદ એરપોર્ટ પર તાત્કાલિક
સારવારાની તાત્કાલિક મજબૂત બનાવવા
અ મહત્વપૂર્ણ પહેલ કરવામાં આવી
હતી. ઉદ્ઘાટન યુછે કે, તાત્કાલિક
સુરત પાતે ૨૪ વર્ષથી યુવતી સીધી
આપતી વરતે સ્ટેજમાં ઢળી પડી
હતી. ખાસ કરીન શિયાળમાં કદયને
લગતી ઈમરજન્નિના કેસમાં વધારે
જોવ મળે છે.



Report of CPR Training at Airport dated on 19 Nov, 2025

Ahmedabad Medical Association (AMA), in association with Sardar Vallabhbhai Patel International Airport, Ahmedabad, successfully conducted a large-scale CPR Training Programme for airport ground staff, airline personnel, and security forces on 19th November 2025 at Terminal 2. The training witnessed excellent participation from CISF personnel, private security teams, ground handling staff, and various airline employees. The session focused on hands-on CPR practice, early recognition of cardiac arrest, and immediate life-saving response—skills crucial in high-footfall public places like airports. This important public health initiative was supported by AB Plus Speciality Hospital.

A dedicated team of trainers — Dr. Rasesh Diwan, Dr. Sunil Shah, Dr. Sanjay Pandey, Dr. Parth Patel, Dr. Chandani Patel and team — conducted detailed demonstrations and supervised practical training, ensuring every participant gained confidence in performing high-quality CPR. AMA President Dr. Jignesh Shah highlighted the significance of strengthening emergency preparedness at key public locations, adding that timely CPR can save countless lives before medical help arrives. AMA Secretary Dr. Maulik Sheth appreciated the proactive response from airport authorities and security forces. With overwhelming attendance and enthusiastic involvement, this CPR training proved to be a major step toward building a safer and more responsive airport environment for passengers and staff alike.

Report of AMR Rally on 22 Nov, 2025

Ahmedabad Medical Association participates in AMR Awareness Rally organized by Civil Hospital Ahmedabad on 22 November 2025. As part of World Antimicrobial Resistance (AMR) Awareness Week, a large-scale awareness rally was organized by Civil Hospital Ahmedabad under the leadership of Dr. Rakesh Joshi, Medical Superintendent, and Dr. Minaxi Parikh, Dean, B. J. Medical College. Ahmedabad Medical Association (AMA) joined the initiative as a supporting organization and extended its wholehearted participation to create awareness on the growing threat of antimicrobial resistance. A team of AMA



members led by Dr. Jignesh Shah, President, and Dr. Maulik Sheth, Honorary Secretary, participated actively in the rally along with faculty members, residents, nurses, and healthcare staff of Civil Hospital and B.J. Medical College. During the event, all participants took the AMR Pledge, committing to rational antibiotic use, infection control practices, and responsible stewardship to protect future generations from the rising danger of drug-resistant infections. The rally aimed to educate citizens about the importance of preventing misuse of antibiotics, promoting hygiene, and strengthening public health systems to fight AMR. Ahmedabad Medical Association appreciates the collaborative efforts of Civil Hospital and B.J. Medical College in driving this meaningful public health initiative. Together, we act now — to protect our present and secure our future.

Report of Stroke Free Ahmedabad on 11-12-2025

Ahmedabad Medical Association (AMA), in collaboration with Zydus Hospitals, successfully organized the “Stroke Free Ahmedabad” Scientific Program, aimed at strengthening awareness and preparedness for acute stroke care. The program was attended by around 120 doctors, reflecting keen academic interest and collective commitment toward improving stroke outcomes.

Dr. Kalpesh Shah outlined the vision of making Ahmedabad a Stroke-Free City and explained the role of thrombectomy in acute stroke management in a simple and practical manner. Dr. Ketan Patel delivered an informative session on acute stroke emergency care, highlighting the importance of early stroke recognition, Code White protocol, and timely intervention.

The program witnessed enthusiastic participation and meaningful discussions, reinforcing the importance of rapid response and coordinated stroke care. Ahmedabad Medical Association sincerely appreciates the faculty speakers and the support of Zydus Hospitals in making this scientific activity successful.

Through such initiatives, AMA continues to move closer to its goal of a Stroke-Free Ahmedabad.



Report of Investment Seminar on 14-12-2025

Ahmedabad Medical Association (AMA) successfully organized an academic session titled “From Stethoscope to Investments: Financial Freedom for Doctors” at AMA Hall, focusing on the importance of financial literacy for medical professionals. The program was attended by around 180 doctors, reflecting strong interest among AMA members.

Key discussions included the need for financial planning for doctors, basics of passive investing and ETFs, asset allocation, and disciplined long-term investing. The session featured Mr. Aashish Somaiya, Executive Director & CEO, White Oak Capital Asset Management; Mr. Parthiv Shah, Director, TRACOM; and Dr. Jignesh Shah, President, Ahmedabad Medical Association, who highlighted the relevance of financial independence in a doctor's professional journey.

The program witnessed enthusiastic participation and interactive discussions. Through such initiatives, Ahmedabad Medical Association continues its commitment to the holistic development of doctors — professional, personal, and financial.

Report of Yoga Shibir from 1st Dec, 2025 to 10th Dec, 2025

Ahmedabad Medical Association with Late Dr. C. C. Raval- DivyaJivan Sangh organized Yoga Shibir for Doctors & their Family Members from 1st December, 2025 to 10th December, 2025 everyday morning from 7:00 am to 8:00 am in AMA Premises. Yoga is a great way to work on our flexibility and strength. Just about everyone can do it. The shibir was conducted by Dr. Pushpaben Multani, who is a Qualified Yoga Teacher. Dr. Jinen Pandya and Dr. Dhananjay Vyas co-ordinated the entire shibir very well. We are thankful to Dr. Pushpaben Multani and her assistant who had conducted Yoga shibir and also for their selfless service for our members since many years.

DISCLAIMER

Opinions in the various articles are those of the authors and do not reflect the views of Ahmedabad Medical Association. The appearance of Advertisement is not a guarantee or endorsement of the product or the claims made for the product by the manufacturer.



WE WELCOME FOLLOWING NEW LIFE MEMBERS

M.No.	Type	Name
13643	L	Dr. Oza Harsh Ashokkumar
13644	L	Dr. Patel Vishva Bhadreshbhai
13645	L	Dr. Patel Tirtha Vishnubhai
13646	L	Dr. Shah Richenkumar Rajendrakumar
13647	L	Dr. Upadhyay Puneet Jitendranath
13648	Lc	Dr. Vanarasi Yugandar Bhargav
13649	Lc	Dr. Desai Surbhi Satishkumar
13650	L	Dr. Shah Anisha Dhirenkumar
13651	L	Dr. Valu Dhairyा Nileshbhai
13652	L	Dr. Pugal Prabhu B.
13653	L	Dr. Naik Aneri Kamleshkumar
13654	L	Dr. Hadiya Budhesh Patabhai
13655	L	Dr. Vyas Ayushi Himanshubhai
13656	Lc	Dr. Khanna Amanpriya S.
13657	Lc	Dr. Sharma Priyanka Komalkant
13658	L	Dr. Kalani Tapan Vishnubhai
13659	Lc	Dr. Bharada Chandresh Mahendrakumar
13660	Lc	Dr. Damor Yesha Jayantilal
13661	L	Dr. Padh Zeal Mrugesh
13662	L	Dr. Mistry Jimit Nitin
13663	L	Dr. Sadh Mohanesh Sunil
13664	L	Dr. Vekariya Kushal Nandlal
13665	L	Dr. Panchal Divyaben Rajubhai
13666	L	Dr. Patel Arazu Dharneshkumar
13667	L	Dr. Modi Hena Rajeshkumar
13668	L	Dr. Shah Preksha Pragneshbhai
13669	Lc	Dr. Gohil Yajurvendarsinh Vikramsinh
13670	Lc	Dr. Sarvariya Dharitri
13671	L	Dr. Patel Jinalben Kanubhai
13672	L	Dr. Thakkar Darshil Rajendrakumar
13673	L	Dr. Chauhan Hardik Govindbhai
13674	L	Dr. Vora Sanketi Nimishbhai
13675	L	Dr. Patel Anil Jainil Bharatbhai
13676	L	Dr. Patel Parth Mahednrabhai
13677	L Transfer	Dr. Garmora Himanshi
13678	L	Dr. Chaudhary Richa Bharatbhai
13679	L	Dr. Chhabda Ikhshita Gurmeetsingh
13680	L	Dr. Shah Meet Himanshu
13681	L	Dr. Dave Katha Hitesh
13682	L	Dr. Saraf Nidhi Ajay
13683	L	Dr. Joshi Aayushi Bankim
13684	L	Dr. Ramdevputra Shubham Kiritbhai
13685	L	Dr. Patel Tulshi Jayeshbhai



નારી તું
વિશ્વ કલ્યાણી

નારી તું
વિશ્વ કલ્યાણી

લેડીજ-કલબ

આપણા આગામી કાર્યક્રમો આ પ્રમાણે છે.

પ્રિય સખીઓ,

આપ સૌને નવા વર્ષની શુભેચ્છાઓ

કાર્યક્રમ નં.-૧૧ લગ્ન ગીત પ્રસંગ

તારીખ : ૧૦-૦૧-૨૦૨૬, શનિવાર ના રોજ AMA આશ્રમ રોડ, અમદાવાદ ખાતે,
લગ્ન ગીત કાર્યક્રમ કરવા જઈ રહ્યા છીએ. જેમાં
બપોરે - ૨.૩૦ થી ૩.૦૦ ચા, કોઝી અને નાસ્તો,
૩.૦૦ થી સાંજના ૭.૦૦ વાગ્યા સુધી કાર્યક્રમ ચાલશે. અને
લગ્ન ગીતોનો પ્રસંગ હોય એટલે જમણવાર તો હોય જ
સાંજે - ૭.૦૦ પછી થી ડિનર

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આપ સૌને આ કાર્યક્રમ માં ભાગ લેવા અને હાજરી આપવા ભાવભર્યું આમંગણ છે.

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THE HEART BEHIND THE WHITE COAT

Article-7 : “સલામ, દિનેશભાઈ”

માનજીવનનો રથ બે પેડાં પર ચાલે છે. તન અને મન. તન ભૌતિક છે, તેથી જોઈ શકાય છે, માપી શકાય છે. મન અનુભૂતિક છે. તેથી તેની વિશાળતા, ઉડાણ અને ઉડાનને માપી શકાતી નથી, પણ તેને અનુભવી શકાય છે. મન (અંતરમન) જીણામાં જીશી અને મોટામાં મોટી ઘટના, હકીકત, બનાવો, અનુભવો, વિચારો, સંવેદનાઓનો સંગ્રહ કરે છે. આ સંગ્રહ ખૂબ જ મોટો હોવાથી ઘણું બધું ભૂલાઈ જાય છે. પણ, ભૂસુંતું નથી. જીવનના વ્યુહાત્મક તબક્કે ભૂલાયેલ પ્રસંગ સમૃતિપર આબેદુબ રજુ થાય છે.

તાજેતરમાં, મારા એક વર્ષોજૂના દર્દી દિનેશભાઈ પંડિત (નામ બદલ્યું છે.) યાદ આવી ગયા.

જ્યારે જ્યારે દિનેશભાઈ તેમની તબિયત બતાવવા આવે ત્યારે રૂમમાં દાખલ થતાં પૂછે: “કેમ ડોક્ટર સાહેબ, તબિયત બરાબર છે ને ?” અને જતાં જતાં કહેતા જાય, “ડોક્ટર સાહેબ, તબિયત સાચયવાળો.”

એક વાર મારે એમને પૂછ્યું પડ્યું, “દર વખતે મારી તબિયતનું કેમ પૂછો છો?” દિનેશભાઈ હસતાં હસતાં બોલ્યા, “ડોક્ટર પોતાની તબિયત સારી ના હોય તો, તે દર્દીની તબિયતને સંબાળી શકે? વિચાર કરો” એમ બોલીને તેમજે વિદાય લીધી. તરત જ મને તબીભીજગતનું એક જૂનું પણ અર્થપૂર્ણ Quotation યાદ આવી ગયું. “Physician heal theyself.”

ત્રીસેક વર્ષ જૂની આ વાત યાદ આવી ગઈ. કારણકે છીલાંં કેટલાંક વર્ષોથી તબીબોની આયુષદોરી કપાતી જાય છે. અચાનક એટેક આવવાથી કેટલાંય ડોક્ટરો આપણે ગમાબા છે. “ડોક્ટર, તમારી તબિયત કેમ છે?” એવી ટકોર દિનેશભાઈ દર વખતે પૂછતા એ ચેતવણી અંતરમનના ત્રીસ વર્ષના પટારામાંથી બાહાર નીકળી આવી. આવી મુદ્દાની જીવનદોરીને સ્પર્શતી વાત દર્દી ડોક્ટરને કહે, તેને બિરદાવવી પણ કેવી રીતે?

“સલામ, દિનેશભાઈ, Thank You...”

ડૉ. જી. જી. ઓઝા : મો. ૯૮૨૪૩૬૫૦૦૦

Article-8 : Personal Moments of a Woman's life

Behind every white coat is a heart that feels just like anyone else's. We choose this profession to help others, but it soon teaches us many deep emotions. As gynecologists, we see the most personal moments of a woman's life-joy, fear, pain, and hope. Every patient brings a story, and each story stays with us in some way. Some days are tiring, but our promise to care never changes. The tears we hide show that we are human, not weak. We celebrate when a baby cries for the first time, and we stay strong when we must share difficult news. With time, our hearts grow to hold both the happiness and sadness we see each day. We learn that kindness is not a medical skill but a choice we make again and again. Behind every careful decision is a doctor who feels deeply but must remain calm. The trust our patients place in us is one of the greatest honors of our lives. Each woman teaches us something new-about courage, patience, or strength. Our white coat may look formal, but inside it is a person who cares deeply. When the work feels heavy, it is our connection with patients that gives us purpose again. At the end of the day, the heart behind the white coat is grateful for the chance to touch someone's life.

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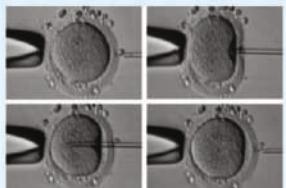
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Our Team:



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Dr. Sonal Damani



Dr. Devanesh Sheth



Dr. Vidhi Patel



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