



AHMEDABAD MEDICAL ASSOCIATION

(Branch of Indian Medical Association) ESTD 1902
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Ashram Road, Ahmedabad-380009. Phone : (079) 26588775
Email : amagsbima@yahoo.co.in
Website : www.ahmedabadmedicalassociation.com

AHMEDABAD MEDICO NEWS

ALL INDIA MEDICAL CONFERENCE IMA NATCON 2025



HAPPY NEW YEAR

2026

Wishing You A New Year

"Every Sunrise Brings a New Chapter;
Make yours inspiring in 2026."

Dr. JIGNESH SHAH

President - AMA

Dr. MAULIK SHETH

Hon. Secretary - AMA

Imm. Past President - **Dr. DHIREN MEHTA**

"Beyond Scope of Scalpel and Stethoscope"

Please Save Mob. No: **97268 88775** of AMA to get regular updates

Congratulations !

A proud moment for the entire medical fraternity!



Dr. Anilkumar J. Nayak

**on being installed as President,
IMA Headquarters (2025-2026)**

We are confident that under his leadership, IMA will reach greater heights and continue to serve doctors and society with dedication.

Best wishes for a successful and impactful term.

Dr. Jignesh Shah
President

Dr. Maulik Sheth
Honorary secretary

&

Team Ahmedabad Medical association

Congratulations !



Dr. Anil Patel

**on being installed as President,
IMA Gujarat State.**

Ahmedabad Medical Association wishes him great success in his new role and looks forward to working together for the welfare of doctors and the community at large.

Best wishes for a meaningful and memorable term.

Dr. Jignesh Shah
President

Dr. Maulik Sheth
Honorary secretary

&

Team Ahmedabad Medical association



Congratulations !



A Moment of National Pride for Ahmedabad Medical Association



Ahmedabad Medical Association has been honoured with the National IMA publication Award for Best News Bulletin (Branch) — a prestigious recognition at the national level by the Indian Medical Association.

This proud award was received by

- Past President **Dr. Dhiren Mehta**
- Past Honorary Secretary **Dr. Urvesh Shah**
- Current President **Dr. Jignesh Shah**
- Current Honorary Secretary **Dr. Maulik Sheth**

This achievement reflects the collective efforts, academic spirit, and commitment of our members towards meaningful communication, transparency, and professional unity.

Heartfelt congratulations to the entire AMA family

Dr. Jignesh Shah
President

Dr. Maulik Sheth
Honorary secretary

&

Team Ahmedabad Medical association



Yoga Shibir from Dated 01-12-2025 to 10-12-2025





Stroke Free Ahmedabad on 11-12-2025



Investment Seminar on 14-12-2025





Gastro Plus Conference



HOCON Conference



Sal Medical College White Coat Ceremony



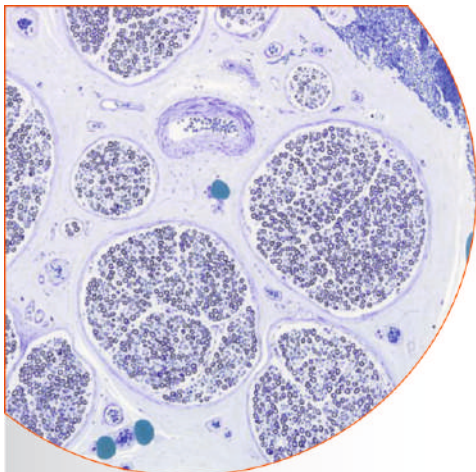
Rally on AMR Week Celebration





Ladies Club Programmes



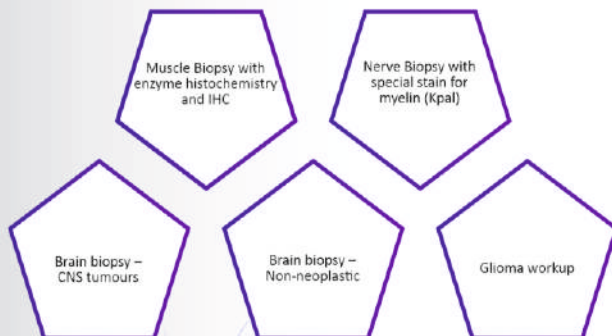


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Founder & Director,
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Dr. Jaikumar Patel

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Please USG QR Code to view Photos

Stroke Free Ahmedabad
Date : 11-12-2025



Investment Seminar
Date : 14-12-2025





Message From President & Hon. Secretary



Dear Friends and Colleagues,

As this month's bulletin reaches you, the echoes of a truly historic NATCON continue to resonate within our fraternity. NATCON has not only been a grand academic and social success, but also a proud milestone in the journey of the Indian Medical Association.

With over 5,000 registrations, 200 patrons, and an exceptional 800+ reception committee members, NATCON has set new benchmarks in participation, organisation, and collective spirit. These numbers reflect the unity, commitment, and strength of our medical community. Heartfelt congratulations to every member who contributed to making this landmark event a resounding success.

This NATCON holds even greater significance as we proudly congratulate Dr. Anil Nayak on assuming office as the National President of IMA. His elevation is historic—being the eighth President from Gujarat in the illustrious 100-year journey of IMA. This is a moment of immense pride for Gujarat and for every member of AMA. We wish him a visionary and impactful tenure.

We also extend our warm congratulations to Dr. Anil Patel, the newly appointed President of IMA Gujarat State Branch, and look forward to working together in strengthening the medical fraternity across the state.

Continuing our year-long theme of “Beyond Scalpel and Stethoscope,” AMA actively participated in the AMR Awareness Rally, a flagship initiative of IMA. Antimicrobial resistance is one of the most pressing public health challenges of our times, and it is our collective responsibility to promote rational antibiotic use and awareness.

On the community health front, the “Stroke-Free Ahmedabad” initiative, in collaboration with Zydus Hospital, continued with focused scientific and public engagement. Emphasis on recognising stroke symptoms and acting within the Golden Hour can dramatically improve outcomes. We urge our members to actively spread this life-saving message.

Our CPR training initiative is another step toward community preparedness. After successfully conducting training at Ahmedabad Airport, we are planning



similar programs at other places also. Immediate CPR can save lives in cardiac emergencies, even before medical help arrives, making this initiative both timely and essential.

In keeping with the financial wellbeing of doctors, AMA also organised an investment awareness seminar, helping members understand the importance of financial planning, passive investing, and long-term financial security—an often overlooked but vital aspect of professional life.

At the same time, we continue to nurture physical and mental wellbeing through the Yoga Shibir, conducted year after year with dedication by our respected senior member Dr. Pushpa Multani Ma'am. Her sustained contribution is a shining example of commitment, discipline, and holistic health.

All these initiatives reaffirm our belief that today's doctor is not only a clinician, but also a leader, educator, and responsible citizen. Together, we continue to expand our role beyond hospitals and clinics, touching lives across the community.

Jai AMA - Jai IMA

With warm regards,

Dr. Jignesh Shah
President, AMA

Dr. Maulik Seth
Hon. Secretary, AMA

Congratulation



Dr. R. G. Patel

On your distinguished appointment as a
**Member of the National Assisted Reproductive
Technology and Surrogacy Board,
Ministry of Health & Family Welfare**



Congratulation



Dr. Vikram Shah

on being Elected as the President
Elect of Gujarat Radiology
and
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Ahmedabad Medical Association Mobile App is Now Live!

Ahmedabad Medical Association is pleased to announce the launch of its official Mobile App, exclusively designed for the convenience of AMA members.

The AMA Mobile App brings all important association services onto a single, easy-to-use digital platform, making information access faster and more efficient.

Key Features:

- **Event Registration** – Register for scientific programs and activities instantly
- **Monthly Bulletin** – Access AMA bulletin anytime, anywhere
- **Profile Management** – View and update your personal details
- **Instant AMA Updates** – Stay informed with real-time notifications
- **Gallery & Activities** – View highlights of AMA events
- **Connect AMA** – Easy communication with the association

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For IOS App

Dr. Jignesh Shah
President, AMA

Dr. Maulik Sheth
Hon. Secretary, AMA



Cardiometabolic Symposium

Scientific Highlights in Cardiology & Metabolic Medicine

Ahmedabad Medical Association is pleased to inform members about a high-quality academic program organized by CIMS Hospital, Ahmedabad as part of JIC 2026 – Joint International Conference.

Date : 11th January 2026, Sunday

Time : 7:30 AM – 2:00 PM

Venue : Tagore Hall, Ahmedabad

This symposium features 20+ expert-led sessions on practical, evidence-based advances in cardiology and metabolic medicine.

Key Highlights:

- Advanced ECG & electrophysiology
- Sudden cardiac arrest prevention
- VT/VF prevention & SCD risk reduction
- Cardio–renal–metabolic approach
- Hypertension, dyslipidemia & GLP-1–based weight management
- AI in cardiovascular practice
- Care of elderly & post-transplant patients

The program is case-based and interactive, relevant for physicians across specialties.

Registration:

Registration will be online. The registration link will be shared shortly and will also be available on the AMA App.

Co-Ordinators : Dr. Mahesh Jivrani

Dr. Vinay Rawal

Dr. Jignesh Shah
President, AMA

Dr. Maulik Sheth
Hon. Secretary, AMA



Ahmedabad Medical Association Senior Citizen Club

A very interesting programme for the members of AMA Senior Citizen Club, Ahmedabad Medical Association Members & Ladies Club Members is arranged Movie Show on

Date : 11-01-2026, Sunday

Time : 5.30 P.M.

Venue : RM Fozdar Hall, AMA House,
Ashram Road, Ahemdabad.

A Very Popular & Block Buster Movie

“ANAND”

Star Cast : Rajesh Khanna, Amitabh Bachhan,
Johnny Walker & Others

Fee Schedule

- (a) For AMA Senior Citizen Club Member : Free
- (b) For AMA Member, Ladies CLub Members & Spouse of Members : Rs. 100/-
- (c) For Guests : 150/-
 - High Tea will be served.
 - Please register at AMA Office before 8-1-2026 during 2 p.m. to 6 p.m.

AMA Co-ordinators

Dr. Amratlal Maheshwari

Dr. Punamchand Parmar

Co-ordinators of AMA Sr. Citizen Club

Dr. K. R. Shanghvi

Dr. Abhay S. Dixit

Dr. K. C. Ghadhvi

Dr. Ramesh C. Shah

Dr. Jignesh Shah
President, AMA

Dr. Maulik Seth
Hon. Secretary, AMA



Dr. Tanumati G. Shah Scientific Program

Ahmedabad Medical Association invites you to a comprehensive academic program on :

Thyroid Update

Supported by



- Ahmedabad Obstetrics & Gynaecological Society (AOGS)
- Indian Academy of Pediatrics (IAP), Ahmedabad
- AFPA
- Ahmedabad Surgeons Association

This scientific program aims to provide updated, evidence-based insights into the diagnosis and management of common and clinically significant thyroid disorders across various specialties.

Program Details

Date : 25-01-2026, Sunday

Time : 9:00 AM – Registration & Breakfast

10:00 AM – 12:30 PM: Scientific Sessions

Venue : Hotel Fern, RTO Circle, Ashram Road, Ahmedabad

(The programme will be followed by Lunch)

Scientific Topics

1. Thyroid Disorders in Pregnancy
2. Congenital Hypothyroidism
3. Thyroid Disorders and Surgery
4. Subclinical Hypothyroidism

Registration:

Registration will be online. The registration link will be shared shortly and will also be available on the AMA App.

Co-Ordinators :

Dr. Nirali Patel

Dr. Dhananjay vyas

Dr. Jignesh Shah
President, AMA

Dr. Maulik Sheth
Hon. Secretary, AMA



Republic Day Celebration : 26-01-2026

Let us proudly celebrate the 77th Republic Day of India and pay tribute to our great nation and the ideals of the Constitution — unity, integrity, and democracy.



Let us proudly celebrate the 77th Republic Day of India and pay tribute to our great nation and the ideals of the Constitution — unity, integrity, and democracy.

Republic Day reminds us of our responsibility as citizens and as doctors to serve the nation with dedication, ethics, and compassion. The medical fraternity plays a vital role in strengthening India by ensuring the health and well-being of its people.

As India marches ahead on the path of progress and self-reliance, let us reaffirm our commitment to nation-building through service, professionalism, and social responsibility.

Ahmedabad Medical Association invites all members to join the Republic Day Celebration at our premises.

Date : 26-01-2026, Monday

Time : 9.00 am onwards

Venue : Ahmedabad Medical Association

Jai Hind.

Co-ordinators

Dr. Amratlal Maheshwari

Dr. Punamchand Parmar

Dr. Jignesh Shah

President, AMA

Dr. Maulik Seth

Hon. Secretary, AMA



The Golden Voice



A Joint Initiative by

Ahmedabad Medical Association & Ahmedabad Cancer Foundation



Supporting Organisation:

H. B. Kapadia School, Memnagar, Ahmedabad

4th February is observed globally as World Cancer Day, dedicated to creating awareness about cancer and inspiring hope. This year, Ahmedabad Medical Association (AMA), in association with Ahmedabad Cancer Foundation, plans to create awareness in a unique and inspiring way through "The Golden Voice."

The Golden Voice is an initiative that celebrates the spirit of life after cancer. The objective is to highlight that cancer is not only treatable, but that a normal, fulfilling, and even exemplary life after cancer is possible, provided it is diagnosed early and treated appropriately. This initiative aims to dispel the age-old myth that "Cancer means cancellation of life."

The event will feature inspiring participation by cancer winners, particularly individuals treated for oral cancers. The program will include singing performances, motivational talks, and unique traditional performances such as Shankhnaad.

In addition, the evening will showcase motivational dance performances by school children from H. B. Kapadia School, Memnagar, Ahmedabad, symbolizing hope, strength, and resilience.

Date : 1-02-2026, Sunday

Time : 5:00 PM – 7:00 PM

Venue : Ahmedabad Medical Association Hall

(The programme will be followed by Dinner)

The Golden Voice is a celebration of courage, recovery, and confidence, spreading the message that cancer can be overcome with timely and proper treatment.

Registration:

Registration will be online. The registration link will be shared shortly and will also be available on the AMA App.

Co-Ordinators :

Dr. Manish Ninama

Dr. Rashi Jain

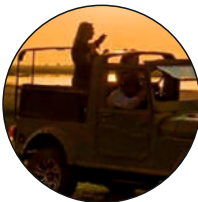
Dr. Jignesh Shah
President, AMA

Dr. Maulik Sheth
Hon. Secretary, AMA



Ahmedabad Medical Association Picnic 2026

Ahmedabad Medical Association is pleased to announce its Annual Picnic 2026 for members and their families, planned as a refreshing one-day outing to Dasada (Little Rann of Kutch).



Date : 8th February 2026, Sunday
Time : 7:00 AM to 8:00 PM
Same Day Return : Dasada to Dasada
Meals Included : Breakfast to Dinner

The picnic is designed to offer a perfect balance of recreation, nature, and bonding beyond professional life.

Attractions:

- Little Rann of Kutch Safari
- Sightings of the famous Indian Wild Ass
- Migratory birds and rich natural biodiversity
- Wildlife photography opportunities
- Fun team games and family activities

This event aims to provide AMA members and their families a joyful break from routine, encouraging camaraderie and togetherness in a serene natural environment.

Detailed program, registration process, and charges will be announced shortly.

Members are requested to block the date and look forward to an enjoyable and memorable day.

Co-Ordinators : Dr. Aditya Desai, Dr. Hetal Pandya, Dr. Arth Koshia

Dr. Jignesh Shah
President, AMA

Dr. Maulik Sheth
Hon. Secretary, AMA



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IHC.

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Our team:



Dr. Birwa Shah

Consultant histopathologists with more than 20 years experience in histopathology and cytology.



Dr. Amisha Gami



Dr. Rahul Ranka

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26-27, 1st Floor, Maple Tree Garden
Homes, Surdhara Circle, Thaltej,
Ahmedabad, India, Gujarat

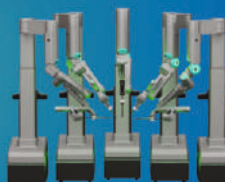
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Himmatnagar | Modasa | Udaipur

www.health1.co.in



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90 33 11 4444**

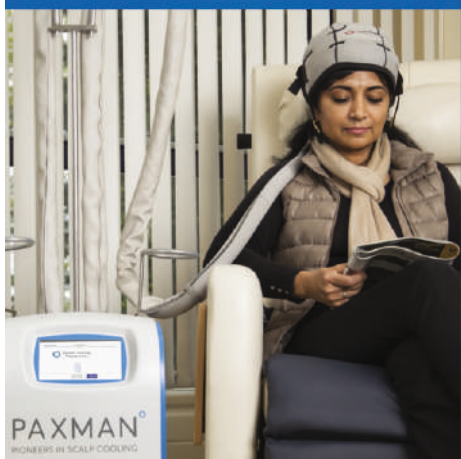


**Shilaj Circle, Sardar Patel Ring Rd, near Venetian
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to stay confident during chemotherapy**



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Himmatnagar | Modasa | Udaipur

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90 33 11 4444**



**Shilaj Circle, Sardar Patel Ring Rd, near Venetian
Villa, Thaltej, Ahmedabad, Gujarat 380059**

PLOT FOR SELL

(Option of Built-to-Suit available)



- Final Plot Area: 1600 Sq. Yd.
- Frontage of plot: 95 Ft.
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- North Facing
- Road width : 60 Ft.
- FSI: 4 (2 Basement + Hollow Plinth + 14 floors)
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AMA PREMIER LEAGUE (APL) – 2026 Box Cricket Tournament

Ahmedabad Medical Association is launching the AMA Premier League (APL) – 2026, a festival-style Box Cricket Tournament aimed at strengthening bonding, sportsmanship, and fellowship among AMA members.

The tournament is proposed for February–March 2026 and will feature 25–30 teams playing in an 8-over box cricket format. A unique Super Over in every match will add excitement and strategic play.

Teams may be formed hospital-wise, specialty-wise, area-wise, or as local groups. A separate Ladies Box Cricket Tournament will also be organized subject to minimum registrations.

Further details and registration information will be announced soon.

Dr. Jignesh Shah
President, AMA

Dr. Maulik Sheth
Hon. Secretary, AMA



AMA PREMIER LEAGUE (APL) – 2026 Box Cricket Tournament

Ahmedabad Medical Association is organizing the AMA Premier League (APL) 2026, a festival-style Box Cricket Tournament bringing together 25–30 teams of doctors from across Ahmedabad.

APL 2026 offers an excellent opportunity for sponsors to engage with a highly respected medical fraternity through strong on-ground presence, digital visibility, and brand recall. Multiple sponsorship modules are available including Title Sponsor, Co-Sponsors, and Trophy Sponsorships.

We invite interested organizations to partner with AMA in this unique blend of sports, networking, and celebration.

For Sponsorship Enquiries:

Dr. Jignesh Shah – 9327014487

Dr. Maulik Sheth – 98259 15464

Detailed sponsorship brochure available on request.

Dr. Jignesh Shah
President, AMA

Dr. Maulik Sheth
Hon. Secretary, AMA

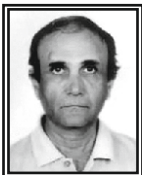
Ahmedabad Medical Association Senior Citizen Club

**N.B. Be a member of AMA Senior Citizen Club or
renew your membership. For details contact our office.**



OBITUARY

May the departed soul rest in peace and be fondly remembered for their service to humanity.



DR. KANAKKUMAR MANILAL PANCHAL

LM-1627

M.B.B.S.

Date of Birth : 20-10-1951

Date of Death : 01-04-2025



DR. MAHENDRAKUMAR POPATLAL SHAH

LM-992

M.D. PEDIATRICIAN

Date of Birth : 20-07-1946

Date of Death : 25-10-2025



DR. MAHENDRA ANANTRAI ACHARYA

LM-04

M.D. DGO

Date of Birth : 13-01-1944

Date of Death : 10-11-2025



DR. ATUL MEHTA

LM-416

M.B.B.S.

Date of Birth : 02-02-1952

Date of Death : 01-12-2025



DR. RANJANA JAYKER SHAH

LM-1064

M.D. PHYSICIAN

Date of Birth : 21-04-1940

Date of Death : 02-12-2025

All the members of Ahmedabad Medical Association extends sincere condolences to the bereaved family.



Report of CPR Training at Airport dated on 19 Nov, 2025

Ahmedabad Medical Association (AMA), in association with Sardar Vallabhbhai Patel International Airport, Ahmedabad, successfully conducted a large-scale CPR Training Programme for airport ground staff, airline personnel, and security forces on 19th November 2025 at Terminal 2. The training witnessed excellent participation from CISF personnel, private security teams, ground handling staff, and various airline employees. The session focused on hands-on CPR practice, early recognition of cardiac arrest, and immediate life-saving response—skills crucial in high-footfall public places like airports. This important public health initiative was supported by AB Plus Speciality Hospital.

A dedicated team of trainers — Dr. Rasesh Diwan, Dr. Sunil Shah, Dr. Sanjay Pandey, Dr. Parth Patel, Dr. Chandani Patel and team — conducted detailed demonstrations and supervised practical training, ensuring every participant gained confidence in performing high-quality CPR. AMA President Dr. Jignesh Shah highlighted the significance of strengthening emergency preparedness at key public locations, adding that timely CPR can save countless lives before medical help arrives. AMA Secretary Dr. Maulik Sheth appreciated the proactive response from airport authorities and security forces. With overwhelming attendance and enthusiastic involvement, this CPR training proved to be a major step toward building a safer and more responsive airport environment for passengers and staff alike.

Report of AMR Rally on 22 Nov, 2025

Ahmedabad Medical Association participates in AMR Awareness Rally organized by Civil Hospital Ahmedabad on 22 November 2025. As part of World Antimicrobial Resistance (AMR) Awareness Week, a large-scale awareness rally was organized by Civil Hospital Ahmedabad under the leadership of Dr. Rakesh Joshi, Medical Superintendent, and Dr. Minaxi Parikh, Dean, B. J. Medical College. Ahmedabad Medical Association (AMA) joined the initiative as a supporting organization and extended its wholehearted participation to create awareness on the growing threat of antimicrobial resistance. A team of AMA



members led by Dr. Jignesh Shah, President, and Dr. Maulik Sheth, Honorary Secretary, participated actively in the rally along with faculty members, residents, nurses, and healthcare staff of Civil Hospital and B.J. Medical College. During the event, all participants took the AMR Pledge, committing to rational antibiotic use, infection control practices, and responsible stewardship to protect future generations from the rising danger of drug-resistant infections. The rally aimed to educate citizens about the importance of preventing misuse of antibiotics, promoting hygiene, and strengthening public health systems to fight AMR. Ahmedabad Medical Association appreciates the collaborative efforts of Civil Hospital and B.J. Medical College in driving this meaningful public health initiative. Together, we act now — to protect our present and secure our future.

Report of Stroke Free Ahmedabad on 11-12-2025

Ahmedabad Medical Association (AMA), in collaboration with Zydus Hospitals, successfully organized the “Stroke Free Ahmedabad” Scientific Program, aimed at strengthening awareness and preparedness for acute stroke care. The program was attended by around 120 doctors, reflecting keen academic interest and collective commitment toward improving stroke outcomes.

Dr. Kalpesh Shah outlined the vision of making Ahmedabad a Stroke-Free City and explained the role of thrombectomy in acute stroke management in a simple and practical manner. Dr. Ketan Patel delivered an informative session on acute stroke emergency care, highlighting the importance of early stroke recognition, Code White protocol, and timely intervention.

The program witnessed enthusiastic participation and meaningful discussions, reinforcing the importance of rapid response and coordinated stroke care. Ahmedabad Medical Association sincerely appreciates the faculty speakers and the support of Zydus Hospitals in making this scientific activity successful.

Through such initiatives, AMA continues to move closer to its goal of a Stroke-Free Ahmedabad.



Report of Investment Seminar on 14-12-2025

Ahmedabad Medical Association (AMA) successfully organized an academic session titled “From Stethoscope to Investments: Financial Freedom for Doctors” at AMA Hall, focusing on the importance of financial literacy for medical professionals. The program was attended by around 180 doctors, reflecting strong interest among AMA members.

Key discussions included the need for financial planning for doctors, basics of passive investing and ETFs, asset allocation, and disciplined long-term investing. The session featured Mr. Aashish Somaiyaa, Executive Director & CEO, White Oak Capital Asset Management; Mr. Parthiv Shah, Director, TRACOM; and Dr. Jignesh Shah, President, Ahmedabad Medical Association, who highlighted the relevance of financial independence in a doctor's professional journey.

The program witnessed enthusiastic participation and interactive discussions. Through such initiatives, Ahmedabad Medical Association continues its commitment to the holistic development of doctors — professional, personal, and financial.

Report of Yoga Shibir from 1st Dec, 2025 to 10th Dec, 2025

Ahmedabad Medical Association with Late Dr. C. C. Raval- DivyaJivan Sangh organized Yoga Shibir for Doctors & their Family Members from 1st December, 2025 to 10th December, 2025 everyday morning from 7:00 am to 8:00 am in AMA Premises. Yoga is a great way to work on our flexibility and strength. Just about everyone can do it. The shibir was conducted by Dr. Pushpaben Multani, who is a Qualified Yoga Teacher. Dr. Jinen Pandya and Dr. Dhananjay Vyas co-ordinated the entire shibir very well. We are thankful to Dr. Pushpaben Multani and her assistant who had conducted Yoga shibir and also for their selfless service for our members since many years.

DISCLAIMER

Opinions in the various articles are those of the authors and do not reflect the views of Ahmedabad Medical Association. The appearance of Advertisement is not a guarantee or endorsement of the product or the claims made for the product by the manufacturer.



WE WELCOME FOLLOWING NEW LIFE MEMBERS

M.No.	Type	Name
13643	L	Dr. Oza Harsh Ashokkumar
13644	L	Dr. Patel Vishva Bhadreshbhai
13645	L	Dr. Patel Tirtha Vishnubhai
13646	L	Dr. Shah Richenkumar Rajendrakumar
13647	L	Dr. Upadhyay Puneet Jitendranath
13648	Lc	Dr. Vanarasi Yugandar Bhargav
13649	Lc	Dr. Desai Surbhi Satishkumar
13650	L	Dr. Shah Anisha Dhirenkumar
13651	L	Dr. Valu Dhairya Nilesbhai
13652	L	Dr. Pugal Prabhu B.
13653	L	Dr. Naik Aneri Kamleshkumar
13654	L	Dr. Hadiya Budhesh Patabhai
13655	L	Dr. Vyas Ayushi Himanshubhai
13656	Lc	Dr. Khanna Amanpriya S.
13657	Lc	Dr. Sharma Priyanka Komalkant
13658	L	Dr. Kalani Tapan Vishnubhai
13659	Lc	Dr. Bharada Chandresh Mahendrakumar
13660	Lc	Dr. Damor Yesha Jayantilal
13661	L	Dr. Padh Zeal Mrugesh
13662	L	Dr. Mistry Jimit Nitin
13663	L	Dr. Sadh Mohanesh Sunil
13664	L	Dr. Vekariya Kushal Nandlal
13665	L	Dr. Panchal Divyaben Rajubhai
13666	L	Dr. Patel Arazu Dharneshkumar
13667	L	Dr. Modi Hena Rajeshkumar
13668	L	Dr. Shah Preksha Pragneshbhai
13669	Lc	Dr. Gohil Yajurvendarsinh Vikramsinh
13670	Lc	Dr. Sarvariya Dharitri
13671	L	Dr. Patel Jinalben Kanubhai
13672	L	Dr. Thakkar Darshil Rajendrakumar
13673	L	Dr. Chauhan Hardik Govindbhai
13674	L	Dr. Vora Sanketi Nimishbhai
13675	L	Dr. Patel Anil Jainil Bharatbhai
13676	L	Dr. Patel Parth Mahednrabhai
13677	L Transfer	Dr. Garmora Himanshi
13678	L	Dr. Chaudhary Richa Bharatbhai
13679	L	Dr. Chhabda Ikshita Gurmeetsingh
13680	L	Dr. Shah Meet Himanshu
13681	L	Dr. Dave Katha Hitesh
13682	L	Dr. Saraf Nidhi Ajay
13683	L	Dr. Joshi Aayushi Bankim
13684	L	Dr. Ramdevputra Shubham Kiritbhai
13685	L	Dr. Patel Tulshi Jayeshbhai



નારી તું
વિશ્વ કલ્યાણી

લેડીઝ-ક્લબ

નારી તું
વિશ્વ કલ્યાણી

આપણા આગામી કાર્યક્રમો આ પ્રમાણે છે.

પ્રિય સખીઓ,

આપ સૌને નવા વર્ષની શુભેચ્છાઓ

કાર્યક્રમ નં.-૧૧ લગ્ન ગીત પ્રસંગ

તારીખ : ૧૦-૦૧-૨૦૨૬, શનિવાર ના રોજ AMA આશ્રમ રોડ, અમદાવાદ ખાતે,
લગ્ન ગીત કાર્યક્રમ કરવા જઈ રહ્યા છીએ. જેમાં
બપોરે - ૨.૩૦ થી ૩.૦૦ ચા, કોફી અને નાસ્તો,
૩.૦૦ થી સાંજના ૭.૦૦ વાગ્યા સુધી કાર્યક્રમ ચાલશે. અને
લગ્ન ગીતોનો પ્રસંગ હોય એટલે જમણવાર તો હોય જ
સાંજે - ૭.૦૦ પછી થી ડિનર

આપ સૌના સહયોગથી આ કાર્યક્રમ સફળ અને આનંદસભર રહેશે.

આપ સૌને આ કાર્યક્રમ માં ભાગ લેવા અને હાજરી આપવા ભાવભર્યું આમંત્રણ છે.

: Registration Charges :

For Members Rs. 150/-

For Guest Rs. 200/-

કાર્યક્રમ નં.-૧૨ કેન્સર અવેરનેસ

HOC Vedanta અને AMA - લેડીઝ ક્લબ દ્વારા આયોજિત
કેન્સર જાગૃતિ કાર્યક્રમમાં જોડાવા માટેનું હાર્દિક આમંત્રણ !

સેશન વિગતો : ● કેન્સર પર ઈન્ટરેક્ટિવ સેશન

● પ્રિસિપલ ઓન્કોલોજી વિશે માહિતી

વક્તાઓ : ડૉ સંકેત શાહ (Medical Oncologist, Hematologist)

ડૉ માનસી શાહ (MD, Dr NB, ESMO Certified)

તારીખ : ૨૪/૦૧/૨૦૨૬, શનિવાર

સમય : 03:00 PM - 05:00 PM

સ્થળ : AMA આશ્રમ રોડ.

કાર્યક્રમ બાદ હાઈ ટી અને સ્નેક્સની વ્યવસ્થા.

અવશ્ય પધારો અને આ મહત્વપૂર્ણ સેશનમાં ભાગ લો !

Dr. Sushila Kella Ansuya Ladola
(President) (Secretary)

M: 9427454185 M: 8160883358

Dr. Jignesh Shah Dr. Maulik Sheth
(President, AMA) (Secretary, AMA)



THE HEART BEHIND THE WHITE COAT

Article-7 : “સલામ, દિનેશભાઈ”

માનજીવનનો રથ બે પૈડાં પર ચાલે છે. તન અને મન. તન ભૌતિક છે, તેથી જોઈ શકાય છે, માપી શકાય છે. મન અનુભૂતિક છે. તેથી તેની વિશાળતા, ઉંડાણ અને ઉડાનને માપી શકાતી નથી, પણ તેને અનુભવી શકાય છે. મન (અંતરમન) ઝીણામાં ઝીણી અને મોટામાં મોટી ઘટના, હકીકત, બનાવો, અનુભવો, વિચારો, સંવેદનાઓનો સંગ્રહ કરે છે. આ સંગ્રહ ખુબ જ મોટો હોવાથી ઘણું બધું ભૂલાઈ જાય છે. પણ, ભૂંસાતું નથી. જીવનના વ્યુહાત્મક તબક્કે ભૂલાયેલ પ્રસંગ સ્મૃતિપર આબેહુબ રજુ થાય છે.

તાજેતરમાં, મારા એક વર્ષોજૂના દર્દી દિનેશભાઈ પંડિત (નામ બદલ્યું છે.) યાદ આવી ગયા.

જ્યારે જ્યારે દિનેશભાઈ તેમની તબિયત બતાવવા આવે ત્યારે રૂમમાં દાખલ થતાં પૂછે: “કેમ ડોક્ટર સાહેબ, તબિયત બરાબર છે ને ?” અને જતાં જતાં કહેતા જાય, “ડોક્ટર સાહેબ, તબિયત સાચવજો.”

એક વાર મારે એમને પૂછ્યું પડ્યું, “દર વખતે મારી તબિયતનું કેમ પૂછો છો?” દિનેશભાઈ હસતાં હસતાં બોલ્યા, “ડોક્ટર પોતાની તબિયત સારી ના હોય તો, તે દર્દીની તબિયતને સંભાળી શકે? વિચાર કરો” એમ બોલીને તેમણે વિદાય લીધી. તરત જ મને તબીબીજગતનું એક જૂનું પણ અર્થપૂર્ણ Quotation યાદ આવી ગયું. “Physician heal theyself.”

ત્રીસેક વર્ષ જૂની આ વાત યાદ આવી ગઈ. કારણકે છેલ્લાં કેટલાંક વર્ષોથી તબીબોની આયુષદોરી કપાતી જાય છે. અચાનક એટકે આવવાથી કેટલાંય ડોક્ટરો આપણે ગુમાવ્યા છે. “ડોક્ટર, તમારી તબિયત કેમ છે?” એવી ટકોર દિનેશભાઈ દર વખતે પૂછતા એ ચેતવણી અંતરમનના ત્રીસ વર્ષના પટારામાંથી બહાર નીકળી આવી. આવી મુદ્દાની જીવનદોરીને સ્પર્શતી વાત દર્દી ડોક્ટરને કહે, તેને બિરદાવવી પણ કેવી રીતે?

“સલામ, દિનેશભાઈ, Thank You...”

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Article-8 : Personal Moments of a Woman's life

Behind every white coat is a heart that feels just like anyone else's. We choose this profession to help others, but it soon teaches us many deep emotions. As gynecologists, we see the most personal moments of a woman's life-joy, fear, pain, and hope. Every patient brings a story, and each story stays with us in some way. Some days are tiring, but our promise to care never changes. The tears we hide show that we are human, not weak. We celebrate when a baby cries for the first time, and we stay strong when we must share difficult news. With time, our hearts grow to hold both the happiness and sadness we see each day. We learn that kindness is not a medical skill but a choice we make again and again. Behind every careful decision is a doctor who feels deeply but must remain calm. The trust our patients place in us is one of the greatest honors of our lives. Each woman teaches us something new-about courage, patience, or strength. Our white coat may look formal, but inside it is a person who cares deeply. When the work feels heavy, it is our connection with patients that gives us purpose again. At the end of the day, the heart behind the white coat is grateful for the chance to touch someone's life.

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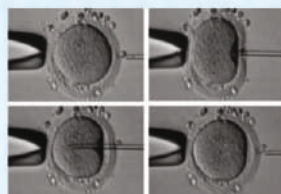
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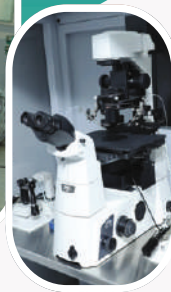


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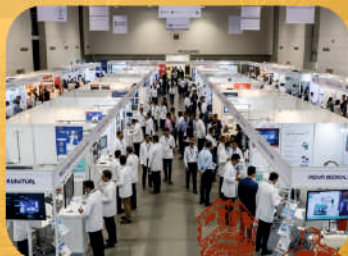
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